



Lunch menu – Week 1 weeks commencing 17/1, 21/2, 21/3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main-Meal	Sausage and mash with peas, carrots & gravy (DF)	Chicken Korma with rice (GF, DF)	Gammon with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Homemade lasagne with garlic bread & sweetcorn	Beef Burger, Fish Fingers (GF) with chips (GF-DF) & beans (GF-DF)
Main meal KS1	Sausage & mash with peas, carrots & gravy (DF)	Chicken Korma with rice (GF-DF)- No chilli	Gammon with roast potatoes, Yorkshire puddings gravy & vegetables (GF-DF)	Pasta Bolognese (DF) With garlic bread & sweetcorn	Beef Burger, Fish Fingers (GF) with chips (GF-DF) & baked beans (GF-DF)
Vegetarian	Veggie sausage & mash with peas, carrots & gravy (DF) Jacket potato upon request (GF-DF)	Lentil Dal with rice (GF-DF) Jacket potato upon request (GF-DF)	Roasted butternut squash, tomato and open tart OR Roasted Quorn fillet (GF-DF)	Vegetarian lasagne Jacket potato upon request (GF-DF)	Veggie Burger (DF) Jacket potato upon request (GF-DF)
Dessert options	Chocolate sponge with chocolate sauce Fresh fruit & yogurts	White choc chip cookie Fresh fruit & yogurts	Fruit jelly (GF-DF-V) Fresh fruit & yogurts	Fresh fruit salad (GF-DF) Fresh fruit & yogurts	Banana cake Fresh fruit & yogurts

Salad Bar & other Self-service freshly prepared salads to include tuna, boiled eggs, sliced ham, pasta, coleslaw, mixed leaves, tomato, cucumber, beetroot, carrots & peppers, condiments & dressings. **Jacket potato or Sandwich on request.**

All food freshly cooked using seasonal produce when available.

Menus are subject to change due to seasonality and availability of produce Dietary key GF-gluten free DF- dairy free

Allergy-speak to our kitchen team for help



Lunch menu – Week 2 weeks commencing 24/1,28/2, 28/3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main-Meal	Grilled chicken with al forno sauce with penne pasta & sweetcorn	Shepherd's hotpot with seasonal vegetables & gravy (GF-DF)	Roast chicken with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (GF-DF)	Pasta Bolognese Garlic bread & broccoli	Hot Dogs (-DF), Fish fingers (GF)chips (GF-DF) & beans (GF-DF)
Main meal KS1	Italian chicken al forno with penne pasta & sweetcorn (DF)	Shepherd's hotpot with seasonal vegetables & gravy (GF-DF)	Roast chicken with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (GF-DF)	Pasta Bolognese Garlic bread & broccoli	Hot Dogs (DF), Fish fingers (GF) chips (GF-DF) & beans (GF-DF)
Vegetarian	Italian Quorn Fillet al Forno with penne pasta and sweetcorn (DF) Jacket potato upon request (GF-DF)	Soy mince shepherd's hotpot with seasonal vegetables & gravy (GF-DF) Jacket potato upon request (GF-DF)	Roasted butternut squash, tomato and spinach open tart Roasted Quorn fillet (GF-DF)	Tomato and basil sauce (DF) Garlic bread & broccoli Jacket potato upon request (GF-DF)	Veggie Burger (DF) with chips (GF-DF) & Beans (Gf-DF) Jacket potato upon request (GF-DF)
Dessert options	Apple crumble (DF) Fresh fruit & yogurts	Iced marble cake Fresh fruit, yogurts	Fresh fruit salad Fresh fruit & yogurts	Rice crispy cake Fresh fruit & yogurts	Peach jelly (GF-DF-V) Fresh fruit & yogurts
Salad bar & other	Self-service freshly prepared salads to include tuna, boiled eggs, sliced ham, pasta, coleslaw, mixed leaves, tomato, cucumber, beetroot, carrots & peppers, condiments & dressing. Jacket potato or Sandwich on request.				

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Lunch Menu – Week 3 weeks commencing 3/1, 7/2, 7/3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sausage and mash with peas, carrots & gravy (DF)	Beef meatballs & tomato sauce with rice & broccoli (GF-DF)	Gammon with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Pesto pasta with Tomato sauce (DF) With garlic bread & sweetcorn	Southern fried chicken, Fish Fingers (GF) with chips (GF-DF) & beans
Main Meal KS1	Sausage and mash with peas, carrots & gravy (DF)	Beef meatballs & tomato sauce with rice & broccoli (GF-DF)	Gammon with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Pesto pasta with Tomato sauce (DF) with garlic bread & sweetcorn	Southern fried chicken, Fish Fingers (GF) with chips (GF-DF) & beans
Vegetarian Option	Veggie sausage & mash with peas, carrots & gravy (DF) Jacket potato upon request (GF-DF)	Veggie meatballs rice & broccoli (GF-DF) Jacket potato upon request (GF-DF)	Marinated Quorn fillet with roast potatoes, seasonal vegetables & gravy (GF-DF)	Tomato and basil sauce (DF) with garlic bread & sweetcorn Jacket potato upon request (GF-DF)	Veggie Burger, (DF) Chips (GF-DF) & Beans (GF-DF) Jacket potato upon request (GF-DF)
Dessert	Chocolate sponge brownie Fresh fruit & yogurts	Peach crumble (DF) Fresh fruit, yogurts	Mandarin Jelly (GF-DF-V) Fresh fruit & yogurts	Sultana Flap Jack (DF) Fresh fruit & yogurts	Fresh fruit salad Fresh fruit & yogurts
Salad Bar & other	Self-service freshly prepared salads to include tuna, boiled eggs, sliced ham, pasta, coleslaw, mixed leaves, tomato, cucumber, beetroot, carrots & peppers, condiments & dressings. Jacket potato or Sandwich on request.				

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Lunch Menu – Week 4 weeks commencing 10/1, 14/2, 14/3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef meatballs with tomato sauce, penne pasta (DF) & broccoli	Chicken goujon fajita wraps With rice, tomato sauce & roasted vegetables	Roast chicken with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (GF-DF)	Pasta Bolognese with sweetcorn (DF)	Pepperoni Pizza, chips (GF-DF) & beans (GF-DF)
Main Meal KS1	Beef meatballs with tomato sauce, penne pasta (DF) & broccoli	Chicken goujon fajita wraps With rice, tomato sauce & roasted vegetables	Roast chicken with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (GF-DF)	Pasta Bolognese with sweetcorn (DF)	Pepperoni (GF) chips (GF-DF) & beans (GF-DF)
Vegetarian	Tomato & basil sauce, Penne pasta (DF) & broccoli Jacket potato upon request (GF-DF)	Quorn veggie nuggets With rice & tortilla chips Jacket potato upon request (GF-DF)	Roasted Quorn fillet with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (DF) Jacket potato upon request (GF-DF)	Pasta with tomato, garlic & basil sauce Jacket potato upon request (GF-DF)	Margarita Pizza chips (GF-DF) & beans (GF-DF) Jacket potato upon request (GF-DF)
Dessert option	Carrot cake Fresh fruit & yogurts	Fresh fruit salad Fresh fruit, yogurts	Strawberry swirl cake Fresh fruit & yogurts	Cookies Fresh fruit & yogurts	Raspberry yogurt cake Fresh fruit & yogurts
Salad Bar & other	Self-service freshly prepared salads to include tuna, boiled eggs, sliced ham, pasta, coleslaw, mixed leaves, tomato, cucumber, beetroot, carrots & peppers, condiments & dressings. Jacket potato or Sandwich on request.				

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